



**Schola Europaea**

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Pedagogical Development Unit

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## **Attainment descriptors - Physical Education - Secondary cycle**

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**APPROVED BY THE JOINT TEACHING COMMITTEE AT ITS MEETING OF 13  
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**1<sup>st</sup> Baccalaureate session in June 2021**

## Attainment Descriptors - Physical Education Secondary Cycle 1 (S1-S3)

Mark	Denominator	Grade	Competences
9-10	excellent	A	<p><u>Basic motor skills</u>: The student shows an excellent ability to link and vary skills.</p> <p><u>Social and civic competence</u>: The student shows an excellent ability to participate with fair play.</p> <p><u>Playing competence</u>: The student demonstrates an excellent understanding of the elementary concept of the games.</p> <p><u>Competitive Competence</u>: The student shows an excellent performance, participation and behaviour in different physical activities.</p> <p><u>Health and fitness competence</u>: The student demonstrates an excellent understanding that activity, nutrition, hygiene and safety are essential components of a healthy lifestyle.</p> <p><u>Culture awareness and expression</u>: The student shows an excellent awareness and creativity when exposed to different cultural activities.</p>
8-8,9	very good	B	<p><u>Basic motor skills</u>: The student shows a very good ability to link and vary skills.</p> <p><u>Social and civic competence</u>: The student shows a very good ability to participate with fair play.</p> <p><u>Playing competence</u>: The student demonstrates a very good understanding of the elementary concept of the games.</p> <p><u>Competitive Competence</u>: The student shows a very good performance, participation and behaviour in different physical activities.</p> <p><u>Health and fitness competence</u>: The student demonstrates a very good understanding that activity, nutrition, hygiene and safety are essential components of a healthy lifestyle.</p> <p><u>Culture awareness and expression</u>: The student shows a very good awareness and creativity when exposed to different cultural activities.</p>
7-7,9	good	C	<p><u>Basic motor skills</u>: The student shows a good ability to link and vary skills.</p> <p><u>Social and civic competence</u>: The student shows a good ability to participate with fair play.</p> <p><u>Playing competence</u>: The student demonstrates a good understanding of the elementary concept of the games.</p> <p><u>Competitive Competence</u>: The student shows a good performance, participation and behaviour in different physical activities.</p> <p><u>Health and fitness competence</u>: The student demonstrates a good understanding that activity, nutrition, hygiene and safety are essential components of a healthy lifestyle.</p> <p><u>Culture awareness and expression</u>: The student shows a good awareness and creativity when exposed to different cultural activities.</p>
6-6,9	satisfactory	D	<p><u>Basic motor skills</u>: The student shows a satisfactory ability to link and vary skills.</p> <p><u>Social and civic competence</u>: The student shows a satisfactory ability to participate with fair play.</p> <p><u>Playing competence</u>: The student demonstrates a satisfactory understanding of the elementary concept of the games.</p> <p><u>Competitive Competence</u>: The student shows a satisfactory performance, participation and behaviour in different physical activities.</p> <p><u>Health and fitness competence</u>: The student demonstrates a satisfactory understanding that activity, nutrition, hygiene and safety are essential components of a healthy lifestyle.</p> <p><u>Culture awareness and expression</u>: The student shows a satisfactory awareness and creativity when exposed to different cultural activities.</p>
5-5,9	sufficient	E	<p><u>Basic motor skills</u>: The student shows sufficient ability to link and vary skills.</p>

			<p><u>Social and civic competence</u>: The student shows sufficient ability to participate with fair play.</p> <p><u>Playing competence</u>: The student demonstrates sufficient understanding of the elementary concept of the games.</p> <p><u>Competitive Competence</u>: The student shows sufficient performance, participation and behaviour in different physical activities.</p> <p><u>Health and fitness competence</u>: The student demonstrates sufficient understanding that activity, nutrition, hygiene and safety are essential components of a healthy lifestyle.</p> <p><u>Culture awareness and expression</u>: The student shows sufficient awareness and creativity when exposed to different cultural activities The student shows some ability to</p>
3-4,9	failed (weak)	F	<p><u>Basic motor skills</u>: The student shows little ability to link and vary skills.</p> <p><u>Social and civic competence</u>: The student shows little ability to participate with fair play.</p> <p><u>Playing competence</u>: The student demonstrates little understanding of the elementary concept of the games.</p> <p><u>Competitive Competence</u>: The student shows little performance, participation and behaviour in different physical activities.</p> <p><u>Health and fitness competence</u>: The student demonstrates little understanding that activity, nutrition, hygiene and safety are essential components of a healthy lifestyle.</p> <p><u>Culture awareness and expression</u>: The student shows little awareness and creativity when exposed to different cultural activities.</p>
0-2,9	failed (very weak)	FX	<p><u>Basic motor skills</u>: The student fails to show ability to link and vary skills.</p> <p><u>Social and civic competence</u>: The student fails to show ability to participate with fair play.</p> <p><u>Playing competence</u>: The student demonstrates no understanding of the elementary concept of the games.</p> <p><u>Competitive Competence</u>: The student fails to show performance, participation and behaviour in different physical activities.</p> <p><u>Health and fitness competence</u>: The student demonstrates no understanding that activity, nutrition, hygiene and safety are essential components of a healthy lifestyle.</p> <p><u>Culture awareness and expression</u>: The student fails to show awareness and creativity when exposed to different cultural activities</p>

## Cycle 2 (S4-S5)

Mark	Denominator	Grade	Competences
9-10	excellent	A	<p><u>Motor skills</u>: The student shows an excellent ability to combine skills and performs them with consistent precision, control and fluency.</p> <p><u>Social and civic competence</u>: The student shows an excellent ability to co-operate and to take responsibility for themselves, others and equipment.</p> <p><u>Playing competence</u>: The student demonstrates an excellent understanding of the concept of the games, including basic tactical skills.</p> <p><u>Competitive Competence</u>: The student shows an excellent performance, participation and behaviour in most individual and team sports.</p> <p><u>Health and fitness competence</u>: The student demonstrates an excellent understanding of how the different components of fitness affect performance and a healthy lifestyle.</p> <p><u>Culture awareness and expression</u>: The student shows and expresses an excellent awareness and creativity when exposed to different cultural activities.</p>
8-8,9	very good	B	<p><u>Motor skills</u>: The student shows a very good ability to combine skills and performs them with consistent precision, control and fluency.</p> <p><u>Social and civic competence</u>: The student shows a very good ability to co-operate and to take responsibility for themselves, others and equipment.</p> <p><u>Playing competence</u>: The student demonstrates a very good understanding of the concept of the games, including basic tactical skills.</p> <p><u>Competitive Competence</u>: The student shows a very good performance, participation and behaviour in many individual and team sports.</p> <p><u>Health and fitness competence</u>: The student demonstrates a very good understanding of how the different components of fitness affect performance and a healthy lifestyle.</p> <p><u>Culture awareness and expression</u>: The student shows and expresses a very good awareness and creativity when exposed to different cultural activities.</p>
7-7,9	good	C	<p><u>Motor skills</u>: The student shows a good ability to combine skills and performs them with precision, control and fluency.</p> <p><u>Social and civic competence</u>: The student shows a good ability to co-operate and to take responsibility for themselves, others and equipment.</p> <p><u>Playing competence</u>: The student demonstrates a good understanding of the concept of the games, including basic tactical skills.</p> <p><u>Competitive Competence</u>: The student shows a good performance, participation and behaviour in many individual and team sports.</p> <p><u>Health and fitness competence</u>: The student demonstrates good understanding of how the different components of fitness affect performance and a healthy lifestyle.</p> <p><u>Culture awareness and expression</u>: The student shows and expresses a good awareness and creativity when exposed to different cultural activities.</p>
6-6,9	satisfactory	D	<p><u>Motor skills</u>: The student shows a satisfactory ability to combine skills and performs them with control and fluency.</p> <p><u>Social and civic competence</u>: The student shows a satisfactory ability to co-operate and to take responsibility for themselves, others and</p>

			<p>equipment.</p> <p><u>Playing competence</u>: The student demonstrates a satisfactory understanding of the concept of the games.</p> <p><u>Competitive Competence</u>: The student shows a satisfactory performance, participation and behaviour in some individual and team sports.</p> <p><u>Health and fitness competence</u>: The student has a satisfactory understanding of how the different components of fitness affect performance and a healthy lifestyle.</p> <p><u>Culture awareness and expression</u>: The student shows and expresses a satisfactory awareness and creativity when exposed to different cultural activities.</p>
5-5,9	sufficient	E	<p><u>Motor skills</u>: The student shows a sufficient ability to combine skills and performs them with control.</p> <p><u>Social and civic competence</u>: The student shows sufficient ability to co-operate and to take responsibility for themselves, others and equipment.</p> <p><u>Playing competence</u>: The student demonstrates sufficient understanding of the concept of the games.</p> <p><u>Competitive Competence</u>: The student shows sufficient performance, participation and behaviour in some individual and team sports.</p> <p><u>Health and fitness competence</u>: The student has sufficient understanding of how the different components of fitness affect performance and a healthy lifestyle.</p> <p><u>Culture awareness and expression</u>: The student shows and expresses sufficient awareness and creativity when exposed to different cultural activities.</p>
3-4,9	failed (weak)	F	<p><u>Motor skills</u>: The student shows little ability to combine skills and performs them with control.</p> <p><u>Social and civic competence</u>: The student shows little ability to co-operate and to take responsibility for themselves, others and equipment.</p> <p><u>Playing competence</u>: The student has little understanding of the concept of the games.</p> <p><u>Competitive Competence</u>: The student shows little performance, participation and behaviour in few individual and team sports.</p> <p><u>Health and fitness competence</u>: The student has little understanding of how the different components of fitness affect performance and a healthy lifestyle.</p> <p><u>Culture awareness and expression</u>: The student shows and expresses little awareness and creativity when exposed to different cultural activities.</p>
0-2,9	failed (very weak)	FX	<p><u>Motor skills</u>: The student fails to show ability to combine skills and performs them with control.</p> <p><u>Social and civic competence</u>: The student fails to show ability to co-operate and to take responsibility for <b>themselves</b>, others and equipment.</p> <p><u>Playing competence</u>: The student has no understanding of the concept of the games, including basic tactical skills.</p> <p><u>Competitive Competence</u>: The student fails to show performance, participation and behaviour in individual and team sports.</p> <p><u>Health and fitness competence</u>: The student has no understanding of how the different components of fitness affect performance and a healthy lifestyle.</p> <p><u>Culture awareness and expression</u>: The student fails to show and express awareness and creativity when exposed to different cultural activities.</p>

## Cycle 3 (S6-S7)

Mark	Denominator	Grade	Competences
9-10	excellent	A	<p><u>Complex motor skills</u>: The student shows an excellent ability to combine and select advanced skills, performs them with consistent precision, control and fluency.</p> <p><u>Social and civic competence</u>: The student shows an excellent ability to be autonomous, deal with and solve problems constructively.</p> <p><u>Playing competence</u>: The student demonstrates an excellent understanding of the complex concept of the games, including tactical skills.</p> <p><u>Competitive Competence</u>: The student shows an excellent performance, participation and behaviour in most individual and team sports.</p> <p><u>Health and fitness competence</u>: The student applies excellently the knowledge of health and fitness, to plan and evaluate their own lifestyle.</p> <p><u>Culture awareness and expression</u>: The student shows an excellent awareness of different cultural activities to foster their own creative expression.</p>
8-8,9	very good	B	<p><u>Complex motor skills</u>: The student shows a very good ability to combine and select advanced skills, performs them with consistent precision, control and fluency.</p> <p><u>Social and civic competence</u>: The student shows a very good ability to be autonomous, deal with and solve problems constructively.</p> <p><u>Playing competence</u>: The student demonstrates a very good understanding of the complex concept of the games, including tactical skills.</p> <p><u>Competitive Competence</u>: The student shows a very good performance, participation and behaviour in many individual and team sports.</p> <p><u>Health and fitness competence</u>: The student applies very well the knowledge of health and fitness, to plan and evaluate their own lifestyle.</p> <p><u>Culture awareness and expression</u>: The student shows a very good awareness of different cultural activities to foster their own creative expression.</p>
7-7,9	good	C	<p><u>Complex motor skills</u>: The student shows a good ability to combine and select advanced skills, performs them with precision, control and fluency.</p> <p><u>Social and civic competence</u>: The student shows a good ability to be autonomous, deal with and solve problems constructively.</p> <p><u>Playing competence</u>: The student demonstrates a good understanding of the complex concept of the games, including tactical skills.</p> <p><u>Competitive Competence</u>: The student shows a good performance, participation and behaviour in many individual and team sports.</p> <p><u>Health and fitness competence</u>: The student applies well the knowledge of health and fitness, to plan and evaluate their own lifestyle.</p> <p><u>Culture awareness and expression</u>: The student shows a good awareness of different cultural activities to foster their own creative expression.</p>
6-6,9	satisfactory	D	<p><u>Complex motor skills</u>: The student shows a satisfactory ability to combine advanced skills and performs them with control and fluency.</p> <p><u>Social and civic competence</u>: The student shows a satisfactory ability to be autonomous, deal with and solve problems constructively.</p> <p><u>Playing competence</u>: The student demonstrates a satisfactory understanding of the concept of the games.</p> <p><u>Competitive Competence</u>: The student shows a satisfactory performance, participation and behaviour in some individual and team sports.</p> <p><u>Health and fitness competence</u>: The student applies some knowledge of health and fitness, to plan and evaluate his/her own lifestyle.</p> <p><u>Culture awareness and expression</u>: The student shows a satisfactory awareness of different cultural activities to foster their own creative expression.</p>
5-5,9	sufficient	E	<p><u>Complex motor skills</u>: The student shows sufficient ability to combine advanced skills, performs them with control.</p> <p><u>Social and civic competence</u>: The student shows sufficient ability to be autonomous, deal with and solve problems constructively.</p> <p><u>Playing competence</u>: The student demonstrates sufficient understanding of the concept of the games.</p> <p><u>Competitive Competence</u>: The student shows sufficient performance, participation and behaviour in some individual and team sports.</p> <p><u>Health and fitness competence</u>: The student has sufficient knowledge of health and fitness, to plan and evaluate his/her own lifestyle.</p> <p><u>Culture awareness and expression</u>: The student shows sufficient awareness of different cultural activities to foster their own creative expression.</p>

3-4,9	failed (weak)	F	<p><u>Complex motor skills</u>: The student shows little ability to combine advanced skills and performs them with control.</p> <p><u>Social and civic competence</u>: The student shows little ability to be autonomous, deal with and solve problems constructively.</p> <p><u>Playing competence</u>: The student demonstrates little understanding of the concept of the games.</p> <p><u>Competitive Competence</u>: The student shows a little performance, participation and behaviour in few individual and team sports.</p> <p><u>Health and fitness competence</u>: The student has little knowledge of health and fitness, to plan and evaluate his/her own lifestyle.</p> <p><u>Culture awareness and expression</u>: The student shows little awareness of different cultural activities to foster their own creative expression.</p>
0-2,9	failed (very weak)	FX	<p><u>Complex motor skills</u>: The student fails to show ability to combine advanced skills and performs them with control. <u>Social and civic competence</u>: The student fails to show ability to be autonomous, deal with and solve problems constructively.</p> <p><u>Playing competence</u>: The student has no understanding of the concept of the games.</p> <p><u>Competitive Competence</u>: The student fails to show performance, participation and behaviour in individual and team sports.</p> <p><u>Health and fitness competence</u>: The student has no knowledge of health and fitness, to plan and evaluate their own lifestyle.</p> <p><u>Culture awareness and expression</u>: The student fails to show awareness of different cultural activities to foster their own creative expression.</p>